

Are you concerned about wellbeing in Chapeltown?



- How does religion support you and others?
- What do health providers need to know?

Come and explore these issues in a friendly workshop:

17th June | 10am–3pm
Roscoe Church Hall
132 Chapeltown Road

Contact: 07967 025 536
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UNIVERSITY OF LEEDS

Participatory Religious Health Assets Workshops and Networking (PRHAWN)

You are being invited to take part in a participatory workshop. Before you decide it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

What is the purpose of the project?

Since 2013, the Centre of Religion and Public Life at the University of Leeds has been working with Public Health Leeds to understand the ways that places of worship are having an impact on the health and wellbeing of their communities. In this research process, we have heard people talking about the impact that the religious/spiritual aspects of their lives have on their own wellbeing. We have also heard them saying that they feel that this impact is not often understood or taken on board by health professionals.

We are interested in working with the community to learn more about how religion/spirituality contributes to health and wellbeing. The positive contribution that religion makes to health is understood as an 'asset' – something that religion 'has' which can make a positive impact upon people's lives and wellbeing. Whilst it is clear that religion does make an important contribution to health, little attention has been paid to assessing these assets or working out how they can be better used to improve overall wellbeing in the community.

We will explore these issues in community workshops. Workshops will be held for local 'health seekers' - people like you who are concerned about wellbeing in the community and about the role that religion/spirituality can play. Later in the year, we will hold a workshop for 'health providers' in Leeds so that we can tell them what we have learnt from the earlier workshops and to make sure that the information shared is being received by those who need to hear it.

Why have I been chosen?

You have been chosen because you either live in one of the two areas where we are holding workshops (Chapeltown or Harehills) and/or you attend a place of worship in either of these neighborhoods and you care about wellbeing in your community.

What do I have to do?

In order to take part you we would like to invite you to a workshop that will take place on a Saturday between 10am and 3pm.

What are the possible disadvantages and risks of taking part?

In taking part, there are no foreseeable discomforts, disadvantages or risks.

What are the possible benefits of taking part?

By working together in a participatory way we hope to:

- Improve the awareness of local health providers with respect to the health and wellbeing needs of the community, particularly where there are gaps that are not being addressed
- Improve Public Health Leeds' understanding of the 'religious health assets' that are held locally
- Influence the policies of local government, health providers and religious institutions
- Improve the understanding of health providers in the area of religion so that they can engage more sensitively and supportively
- Support the community in helping to better use the assets they have
- Generate an online community map which has on it information about places of worship and health and wellbeing networks and resources for all to use

Do I have to take part?

It is up to you to decide whether or not to take part. If you do decide to take part you will be given this information sheet to keep and will be asked to sign a consent form on the day of the workshop. You can leave the workshop at any time. You do not have to give a reason.

What will happen to the results of the research project?

All the information that we collect during the workshop will be anonymized. You will not be able to be identified in any reports or publications. We may use the data gathered in future research, and if you agree to this, we will ask you to indicate consent on the participant consent form.

Contact for further information

The workshop will take place on

17th June from 10 – 3pm at Roscoe Methodist Church Hall. Lunch and refreshments will be provided.

If you would like to take part in the workshop, please let us know by calling/texting or emailing: Jo Sadgrove (joannasadgrove@gmail.com) (07967 025536) or Emma Tomalin (0113 3433658, e.tomalin@leeds.ac.uk), School of Philosophy, Religion and History of Science, University of Leeds, LS2 9JT.

We are happy to answer any queries you might have.

You will be given a copy of this information sheet to keep and also the signed copy of the consent form will be sent to you immediately following the workshop.

Thank you very much for considering taking part in the project, we hope you enjoy it!