

Second Floor meeting rooms

Reginald Centre Community Hub

263 Chapeltown Rd
Leeds
LS7 3EX

Duara

Womens Healing Circle

5-7pm
3rd Friday of the month

Join us for a **Free** Community workshop,
in a relaxed, safe atmosphere and friendly
environment.

Come & gain opportunity **to Network,
Educate and Empower** yourself in order
to enrich your lifestyle and lead healthier
lives.

Transport: Free parking behind the centre.
Local bus routes 2,3,3A,48,36.



CHAPELTOWN
COMMUNITY HEALTH CHAMPIONS



07891 272150

Twitter: @ReginaldCentre

Future dates: 21st July, 18th August, 15th September