



Lincoln Green Community Centre

29 Cromwell Mount, Leeds LS9 7JB
Open Saturday, Sunday and Monday -
6pm - midnight (including bank holidays)

Touchstone House

2-4 Middleton Crescent, Beeston, Leeds LS11 6JU
Open Tuesday and Wednesday -
6pm- midnight (including bank holidays)

New Wortley Community Centre

40 Tong Road, Armley, Leeds LS12 1LZ
Open Thursday and Friday -
6pm - midnight (including bank holidays)

Are you struggling with
your mental health?

Are you feeling
isolated and alone?

Do you need someone to
talk to in confidence?

**We offer
'hope in a crisis'**

Self referral:
07760 173 476

Professional referral:
07760 173 505



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For more information visit - www.touchstonesupport.org.uk