

Award Winning Magazine, Established in 1995

# COMMUNITY HIGHLIGHTS

BRINGING PEOPLE TOGETHER DURING  
UNPREDICTABLE TIMES

**JASMINE JOSEPH  
INTERVIEW  
PAGE 4**

**INTERVIEW WITH  
TYRON WEBSTER  
PAGE 8**

**TRIBUTES  
PAGE 12-17**

**GEORGE FLYOD**

**BLACK LIVES  
MATTER  
PAGE 3**

**SUPA YOUT  
INTERVIEW  
PAGE 6**

**WOMEN FRIENDLY  
LEEDS  
PAGE 10**



**W**ould you believe that we are now in the month of May? I guess everyone is ready for the end of lockdown, which will hopefully be the 21st of June.

This May issue of Community Highlights is dedicated to all the bereaved families and people who have lost loved ones throughout these unpredictable times.

May God comfort you all.

Community Highlights has taken up the offer to be part of Fresh FM every Monday from 8pm to 10pm, starting in June. I will be interviewing talent throughout Leeds and also community projects.

This is a new, exciting challenge, bringing communities together. Please keep the articles, adverts and stories coming for the deadline. Our next issue is June 8th. Thank you for all the support please keep safe!



**Community Highlights Leeds**  
**Sharon Patricia Jones**

**@comhighlights**  
**Mob: 07944376574**

**comhighlights@yahoo.com**  
**www.communityhighlights.co.uk**

Dear Friends:  
May you have grace and peace from God who is, and was, and is to come; and from the sevenfold Spirit\* before his throne; 5 and from Jesus Christ who faithfully reveals all truth to us. He was the first to rise from death, to die no more.[c] He is far greater than any king in all the earth. All praise to him who always loves us and who set us free from our sins by pouring out his lifeblood for us. 6 He has gathered us into his Kingdom and made us priests of God his Father. Give to him everlasting glory! He rules forever! Amen! 7 See! He is arriving, surrounded by clouds; and every eye shall see him—yes, and those who pierced him.[d] And the nations will weep in sorrow and in terror when he comes. Yes! Amen! Let it be so! (Revelation 1:1-7 Living Bible (TLB).

**Bible verses by John Adereti**

**Dear neighbours, Leeds Stand Up To Racism is organising and hosting 2 events in May to remember the murder of George Floyd last year and all Black people murdered by cops. 22nd May Millenium Sq #BlackLivesMatter event with music art and speeches. 25th May 6pm Take The Knee PotterNewton park - bring art and music. These will be covid measures with social distance, face coverings and hand sanitisers provided. I hope to see you there. Please promote. Dianne Abbott MP is The President of Stand Up To Racism.**

**F**resh the first legal black music station in leeds and yorkshire fresh is the official voice of yorkshire It provides every thing within black music and entertainment.....

fresh was launched in 2002 to fill a gap in the market.

fresh popularity and growth, has become the station that plays all genres of black music to appease a greater clientele in leeds and yorkshire

Thursday 3rd December 2020 fresh was awarded a D.A.B Licence from ofcom which made us the first ever legal black music station in leeds and Yorkshire

The secret of the stations success is professional radio presenters with a great support manager who pays attention to the station and our listeners

---

## BLACK LIVES MATTER



### **Stephen Lawrence**

*Born* 13 September 1974 -  
Greenwich District Hospital,  
London, England

*Died* 22 April 1993 (aged 18)  
Well Hall Road, Eltham,  
South East London,  
England

*Cause of death* Stab  
wounds to the chest and  
arm

*Resting place* Clarendon,  
Jamaica

*Citizenship* British

*Education* Blackheath  
Bluecoat Church of  
England School

**Dalian Atkinson** died in August 2016 after being tasered by police near his father's house in Trench, Telford. ... After being tasered, Atkinson went into cardiac arrest on the way to the Princess Royal Hospital, where he was pronounced dead at about 03:00.

**Earl Simmons**, known by his stage name **DMX**, was an American rapper, songwriter, and actor. He began rapping in the early 1990s and released his debut album *It's Dark and Hell Is Hot* in 1998, to both critical acclaim and commercial success, selling 251,000 copies within its first week of release. Wikipedia

*Born:* 18 December 1970, Mount Vernon, New York, United States

*Died:* 9 April 2021, White Plains Hospital, White Plains, New York, United States

*Children:* Praise Mary Ella Simmons, Xavier Simmons, Tocoma Simmons, Shawn Simmons, more

*Albums:* *It's Dark and Hell Is Hot*, *Flesh of My Flesh*, *Blood of My Blood*, *Grand Champ*, and more.

# JASMINE JOSEPH INTERVIEW

**Q. Were you born in Leeds ? Did you grow up in the city ?**

**A.** Yes, I was born in Leeds; in St James's Hospital. I lived in Leeds until I was eight years old; but then I moved to Jamaica where, I would say, I received a better upbringing and education. I lived with my grandparents for three years in Southfield, St Elizabeth, during which time I attended Mayfield School. Living in Jamaica gave me the opportunity to live amongst individuals who didn't want



for anything. As far as I was concerned, they had it all. Well they may not have had all of the money that they needed but they were content and happy with the food and herbs that they grew and seasoned their cooking with, as well as the fruit that fell from the trees into their hands. In Jamaica I learned to be happy with very little materially but this was checked by being surrounded by a supportive community. After I returned from Jamaica, I enrolled at Bracken Edge School in Leeds. Eventually, I went on to achieve my NVQ Level 3 Diploma Accreditation.

**Q. How old are you ?**

**A.** I am twenty-five years old now.

**Q. Today, you own a business. What do you do ?**

**A.** Meraki Beauty and Wellbeing

has been operational since 2015. After I achieved my Diploma, I decided to follow my desire to be a cosmetologist and became a freelancer. In 2019 I began teaching my subject at university. I find it intensely rewarding to teach all that I know about health and cosmetology to others who are in the same position that I was. I love showing my students the way that I have simplified my methods, and how this can help them. The way that I do things and what has worked for me, is personal. I teach anatomy and physiology to health and beauty students and assist them with their own workshops.

**Q. When and how did that come about ?**

**A.** I have worked in different salons since the age of seventeen. In every job, I have always worked as hard as I can. However, eventually I came to a point in my career where I was just not happy. Everything was rushed. There was no set time that I could allocate to lunch or even sit down to a cup of herbal tea ! I didn't like the conversations that the other members of staff had to offer, nor did I like the demands that they were making especially considering the wage that was paid ! I didn't like



some of the clients, either: I have had my fair share who were subliminally racist. Even some of the staff and managers were abusive. It all became too much and I stopped liking my job. I felt anxious every evening, knowing that I had to return to work the next day. I knew that I couldn't continue. Encouraged by the experience that I had gained at work, it was at that point that I decided to become a freelancer. And the rest is history.

**Q. What's next for your business ?**

**A.** The next step for Meraki Beauty and Wellbeing is to set up a business marketing event to connect with CEOs from different trades and networks, get to know each other's trades and get my organic products

on more shelves. Eventually I'd like to run my own salon and train upcoming beauty therapists ! I also intend to keep focusing on the anatomy and physiology of beauty. And most importantly, how to stay healthy and happy.

Contact Jasmine: 07949 607388  
IG: Meraki Beauty and Wellbeing  
Email: Meraki.wellbeing@outlook.com

As told to Sandra Muhammad.  
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QueenSilverJewellery2019@gmail.com.  
Visit: <https://www.QueenSilverJewellery.com>





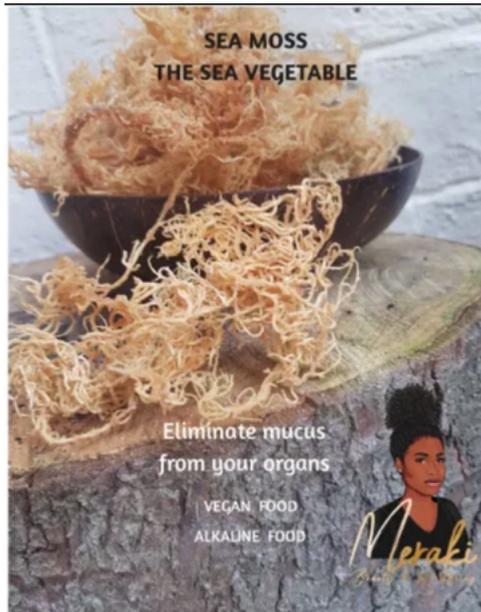
**INTRACELLULAR  
CLEANSING**

INTRACELLULAR  
CLEANSING  
IS A DETOXIFICATION  
PROCESS THAT HELPS  
TO REMOVE TOXINS  
FROM THE BODY.

DRINK OR ADD TO  
SMOOTHIES/  
FOOD TO BOOST  
YOUR ENERGY 🌿

380 ML

*Meraki*  
Simplicity & Wellness



**SEA MOSS  
THE SEA VEGETABLE**

Eliminate mucus  
from your organs

VEGAN FOOD  
ALKALINE FOOD

*Meraki*  
Simplicity & Wellness



## Ital Lash and brow BALM



Introducing Meraki's handcrafted product;  
The Ital lash and brow growth balm is a beautiful blend of 5 Nourishing organic oils  
and plant stem cells that stimulate hair follicle growth as well as protect against  
hair loss.

*incised burmese castor oil*

If you directly brush this through your eyebrow's and lashes the botanical's will  
stimulate the blood flow and improve circulation to grow from the dermal layer of  
the skin (root level)

Key ingredients in this balm have antibacterial properties and components that  
reduce swelling and erythema (redness) of the skin.

*infused avocado oil*

Its fatty acids contribute to the transepidermal water effect it has on the skin,  
retaining moisture and working as a barrier against free radicals.

It's multi purpose properties and blends of beautiful vitamins aid the skin's  
appearance and faster healing structure.

Perfect if you suffer from dry, flaky skin and sparse hair growth.

\*suitable to use around the eyes.

Ethical skincare that's kind to you and the earth.

*Meraki*  
Simplicity & Wellness

# Supa Yout Interview



**Where were you born and brought up ?**

I was born in Leeds and brought up in Chapeltown.

**May I ask you your age ?**

I am fifty-two years young.

**Where did you go to school ?**

I went to Leopold Primary, St Peter's Middle and then Agnes Stuart High schools.

**When did you decide to become a singer ?**

I decided to sing at the age of nine years young.

**Whom or what influenced you to do that ? Perhaps it was a**

**family member, or a singer whom you admired?**

Two of the singers I admired were Freddie McKay and Dennis Brown. They influenced me from my early childhood, particularly for their vocal ability and style.

**Would you describe your journey from there to your first gig ? What you thought about it and how you felt ?**

I started singing in the church choir from a child round about the age of nine upon till about thirteen years young. In my teenage years I met Philip Brown, who is known by the name "Blacka". He ran the sound system called Jungle Warrior. He was the first person to introduce me to the recording studio. I sang a song called "Sound Boy Missing In Action", which was

cut onto a dub plate - what we called a "special". Later, I performed it live in the dancehall. I sang over the recording as it was played by the sound system. I was that small, that they had to set up a table for me to stand on !

By the age of sixteen I was signed to a record label called REM International. I recorded my debut single, "Come Into My Life", which reached number 10 in the UK Reggae chart.

I performed my first gig with my own band, The Ghettology Band, at the Roscoe Pub in Leeds. At the time, I thought that it was a great achievement. I felt on top of the world.

**What would you say was your greatest success in your career, to date ? And can you tell me about a low point in your career, and what lessons you took from it ?**

Alongside being signed to a record label, I was signed to Sony Entertainment Ltd. as a Sound Engineer. I think that moving into the world of sound engineering has brought me success in the music industry, as it has enabled me to tour the globe engineering for artists such as Finley Quay, Kwabena, Dawna Lee, Sparky Bantan and many more. It has enabled me to run my own recording studio, as well.

The low point in my career was that the world tours took a lot of time away from my spending time with my young children. And this made me realise how precious time is.

**What's next for Supa Yout ? Is there a gig or a new track coming up ?**

I have a new album which is set to be released this year, called "King of Kings". I am also working on new material and will continue gigging up and down the country.

As told to Sandra Muhammad.  
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QueenSilverJewellery2019@gmail.com. Visit:  
<https://www.QueenSilverJewellery.com>

[kornastonesoundsolutions@gmail.com](mailto:kornastonesoundsolutions@gmail.com)

# Blood Pressure UK

***What does it mean if you have high blood pressure, the problems it can lead to, and understanding your blood pressure readings.***

**What is high blood pressure?**

Read about what it means if you have high blood pressure (hypertension), how to find out if you have it, and why you should take steps to lower it.

**What is low blood pressure?**

As well as becoming too high, blood pressure can sometimes drop too low. It's usually nothing to worry about but there are ways to manage it if you need to.

**What do the numbers mean?**

Find out what the blood pressure numbers mean and use the chart to see if yours are in the healthy range.

**Why is high blood pressure a problem?**

Over time, high blood pressure can lead to a number of health problems including stroke, heart disease and heart attacks.

**Other related health problems**

There are a number of health problems, also known as risk factors, which can all add up to cause more serious problems in the future.

**Blood pressure around the world**

The proportion of adults with high blood pressure varies all over the world and has changed dramatically over the last 40 years.

# Interview with Tyron Webster



## ***Were you born and brought up in Leeds ?***

Yes. I spent most of my childhood in Gipton and then I was adopted by a family friend and spent the rest of my teenage years in Ebor Gardens. Then, I went to what is now Leeds Conservatoire, at the time Leeds College of Music, to do my BA (Hons) uni course in popular music performance and composition. During that time, I lived in town.

## ***You mentioned that you were adopted by a family friend. How did that come about ?***

I grew up in a very abusive household. It was Christmas, and I was thirteen years old. Abuse was about to happen yet again. I had just had enough. I ran away and never looked back. At first I stayed with a family member but, due to her having a newborn, she was not able to offer me the best situation. Eventually, I was taken in and loved by my sister's friend and her mum which was the best thing to happen in my life. During all that time I reported the abuse, but my complaints fell on deaf ears both in school and the social services.

## ***How old are you ?***

I'm 27 years of age.

## ***Which school did you attend ?***

So, I went to Shakespeare Primary School, then Woodlands

Primary School. Then I went to Roundhay High School, but during that time I did a term at Leeds Reach due to behavioural issues.

## ***Why did you attend Leeds Reach ?***

I was acting out in school. It was clearly due to my living situation and all the stress and anxiety that it brought to me. It got to a point where the school didn't know what to do with me, so they sent me to Leeds Reach which was based on Chapeltown Road. It was like an alternative school.

## ***When did you decide to pursue a career in music ?***

I never really looked at it like that. I've always just thought, I'm a professional and it's something I love, love, love doing. Plus, I'm getting paid for it! Growing up in deprived areas, I felt that a career in music was something that was unattainable because of the lack of support in such areas and a lack of role models who were 'like me' or 'from the background I was in'. I'm just happy to be making music, and to get paid for it is a dream come true! It's not something that I can do full-time yet though, so I've always had a 'day job', as I like to put it, alongside my music.

## ***Whom or what influenced you to do so ? A teacher, an incident, a favourite artist perhaps ?***

My main influence growing up was Prince. His music was an escape for me when I was going through my bad years. After the age of thirteen I was unofficially adopted by my 'mum' Danielle and Marlene, and they always pushed me to reach my fullest potential. They really put it into me that I can be whoever I want to be, and do whatever I want to do. They both really gave me hope and instilled that drive and fire in me. With full support from them, honestly, they changed my life.

***Can you briefly describe your journey from there to your first recording? Successes, failures?***

I have been through some moments! I started when I was thirteen, recording professionally with local producers. I dived heavily into the urban music scene that was going on around me; getting involved in Rap battles, appearing on local artists' mixtapes, amateur music videos and even performing at club PAs. I'd perform at various music nights across the UK and was asked to play at many networking events. I was invited to shoot acoustic sessions for YouTube channels up and down the UK and even had interest from SBTv. Looking back I do think, wow, some of them were so unprofessional and did take me for a naive young boy but it made me who I am today. Now, I don't let people take me or my talent for a joke. I did sign a development deal and then was basically 'shelved' for three years of my life, which is a very long time not to be able to put

out your own music. During that time I did write for others, but it's not the same when you're wanting to build a brand and build momentum. I'd say that some of my biggest successes would be performing at Leeds Pride on the main stage. Being a gay male, Leeds Pride was my first 'awakening' and I felt like I owed them streets something as they shaped me when I first came out. It was amazing to be able to perform and see the crowd loving it. Another of my successes was being booked for the Glastonbury, Parklife, Leeds, Reading, and Lovebox festivals last year. Unfortunately these were cancelled due to the pandemic, but hopefully I'm still on the bill for when they do happen.

***Who wrote 'Love Ya, part I'? When was it written, and why? Is there a story behind it?***

I write all my own music. I work with my producer, Chris Durkin, whom I met during uni. I would love to work with other songwriters - that's an aim of this year/next. It was written last year. I was dating a guy who was ideal, perfect for me but I just knew that there was something in me that I had to get over. I didn't have the capacity in myself to let him in and fully love him. This is something I've dealt with recently in therapy which opened my eyes more, as well. Especially as I think in the Black community, especially males, we're taught not to 'show weakness' so I really put forward my vulnerability within my music.

'Love Ya, part I' is released on 20 February.



## Hello Ally, and welcome to the Women Friendly Leeds movement!

Thank you to those who have recently signing up to become an Ally for Women Friendly Leeds. We are so pleased to have you on board. It has been some time since I contacted Allies, so I thought you would like some updates. I hope this email finds you safe and well. We know everyone is coping brilliantly in these difficult and confusing times, and doing amazing work in supporting families, friends, and communities, so thank you for all you're doing.

We see the movement as something positive and inspiring to focus on for the future as we embrace our new normal, and demand change to make our city safer, healthier, more equal and fulfilling for women and girls. There's plenty

going on right now. We have just launched our new campaign: Shining a Light on Women's Inequalities, This is our Normal. We will be looking at our 4 key messages around wellbeing, health, employability and voice and influence, and designing actions for change. The campaign in light of the findings from a survey we conducted in June, the COVID19 women's survey, about the disproportionate effects on the pandemic on women, which had just short of 1000 responses. The report is published on our website. We are sharing the findings to support local recovery plans, from a women's perspective, and we already have pledges by senior leaders within the city to listen to our recommendations.

In light of the devastating news regarding Sarah Everard and the responses that have emerged, we are also launching a campaign around safety. This has been on our agenda already for a long time. We have ideas to create a toolkit for Women Friendly Venues, and are planning a big safety survey for women, so we have some local evidence to work from.

**INTRODUCING** >

our new campaign: **Shining a Light on Women's Inequalities**

**#thisisournormal**

**WOMEN FRIENDLY LEEDS**  
BETTER FOR WOMEN, BETTER FOR LEEDS.

Shining a light on equality issues affecting women and girls in Leeds today. Support our actions for change by pledging, joining and sharing at [womanfriendlyleeds.org](https://www.womenfriendlyleeds.org)

We've set up online menopause meet ups on the 1st Weds of the month. We also run the Women's Friday Hub on zoom, for women to discuss specific, pressing issues each week 1pm – 2pm every Friday. The main women's hub is now being led by our hub development worker, Annette Morris. Annette can be emailed for details on how to register: [annettem@leedswomensaid.org.uk](mailto:annettem@leedswomensaid.org.uk) The girl's hub, now called Vocal Girls has regular fortnightly meetings, so plenty to come from them too. Please share these with women you know.

As you can see, there's lots happening and we welcome Allies getting involved in any of these workstreams or other themes that are important to them. Last news it that we have launched our very own website, full of blogs, info, pledges, resources such as playlists and recipes, and a What's On calendar. Look out for that, and we would welcome submissions to our resources page!

For men, we have linked with the Men's Health Unlocked network and will be supporting men to make pledges, recruit more allies and also devising a survey for men

to have the opportunity to share their thoughts and ideas on the issue of women's safety. We want to encourage men to be involved and contribute.

I have attached a digital version of the Ally guidance notes, which I hope you will find informative, and digital stickers. Feel free to use on your email signature, social media or website. I've also attached a couple of our campaign poster

In the meantime, please do get in touch if we can help any further

All the very best,  
Emily

**SWITCH ON**  
**TO WOMEN'S SAFETY.**  
**THIS HAS TO INVOLVE**  
**US ALL.**

#womenssafety matters

LEEDS

**WOMEN FRIENDLY LEEDS**  
A LEEDS CITY COUNCIL PARTNERSHIP

Women's safety concerns are a constant reality and the solution has to involve us all. Speak out, join our movement and pledge for a safer Leeds at [womensfriendlyleeds.org](http://womensfriendlyleeds.org)

# Women's Friday Hub

Join our Women's Friday Hub meetings. Each week we will be focussing on a different topical and pressing issue important to women and girls, or driven by our current campaign. We will advertise the topic at the start of the week, and you can join any Friday Hub that's relevant or of interest to you. The Friday hubs will be an hour long and purely focussed on devising and driving action for change. Have your say and get involved!



**WOMEN  
FRIENDLY  
LEEDS**

BETTER FOR WOMEN,  
BETTER FOR EVERYONE

To join, contact  
[emilyt@leedswomensaid.org.uk](mailto:emilyt@leedswomensaid.org.uk)



**LEEDS  
WOMEN AND  
GIRLS HUB**

Community Highlights has been granted some funding from Leeds inspired

For poetry and art workshops we will also be interviewing some of our elders and be bringing out a special 25th Anniversary edition of Community



Leeds  
CITY COUNCIL

Highlights . We will also be compiling a mobile exhibition of Community Highlights 25 years to be displayed in libraries and galleries too ,Please keep an eye on our community website

[WWW.COMMUNITYHIGHLIGHTS.CO.UK](http://WWW.COMMUNITYHIGHLIGHTS.CO.UK)

## Leeds Covid-19 Community Champion Micro Grants - Application form

Micro grants of up to £1,000 are available to support the capacity of grassroots level groups and organisations to create materials and/or spaces for sharing key health messages around Covid-19, vaccinations, government guidance and restrictions in ways that are accessible and appropriate for their communities.

For further information and guidance, please see:

[https://drive.google.com/file/d/1TZXBwCPGRYobw2DQuEE1JGWYYtetZr\\_m/view?usp=sharing](https://drive.google.com/file/d/1TZXBwCPGRYobw2DQuEE1JGWYYtetZr_m/view?usp=sharing)

Covid-19 Community Champions is supported by Leeds City Council, Forum Central, Hamara Leeds CCG and Voluntary Action Leeds. For more information about the Community Champions project, please see:

[https://drive.google.com/file/d/1jayM4WmZUyIxBOPbo46w0yj4d0\\_Tpkml/view?usp=sharing](https://drive.google.com/file/d/1jayM4WmZUyIxBOPbo46w0yj4d0_Tpkml/view?usp=sharing)

To complete the application form, please click Next at the bottom of the page.

### Covid-19 Community Champions programme is supported by:



#### About your group / organisation

We will consider applications of up to £500 from un-constituted community groups. We ask all un-constituted groups to contact us before submitting an application to tell us more about the way they work. Please get in touch by emailing:

[communitychampions@leeds.gov.uk](mailto:communitychampions@leeds.gov.uk)

# TRIBUTES



## Sybil Stanley

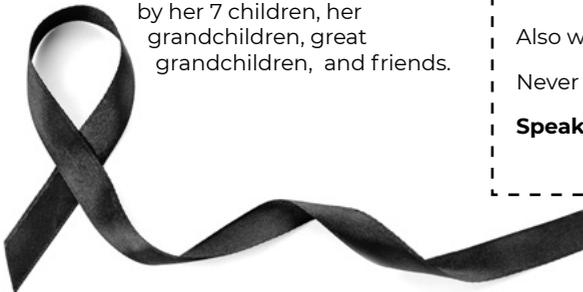
aged 85,  
passed away on 3rd March 2021.



Lived in Chapeltown, Savile Road for many years. She worked in tailoring and later as a home help which she loved as she was a very caring person.

She was a member of the Roscoe Methodist church since 1955, and rarely missed Songs of Praise on a Sunday afternoon.

She will be surely missed by her 7 children, her grandchildren, great grandchildren, and friends.



## Daphnie Archibald

Sunrise 20 November 1931  
Sunset 6 April 2021



Beloved Mother, Grandmother and friend. She was known for her beautiful smile and bubbly nature. Will be greatly missed by us all

## Urla Ifill

Sunrise 4-12-1941 Sunset 12-4-2021

She was a long standing member of the Barbados society

Hard working

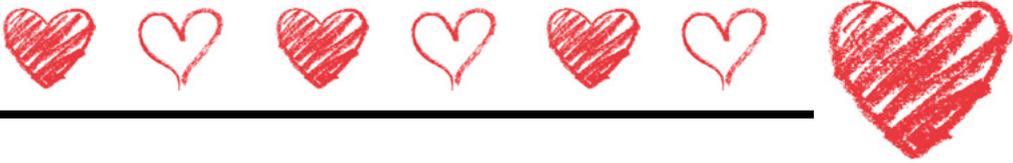
Helping others in time of need and support

Also was a part of the Barbados choir

Never one to seek position

**Speak the truth Shame the Devil**

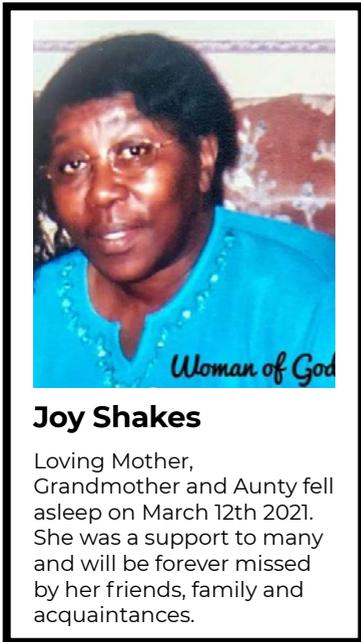




## Rob Almond

23 6 1970 To 27 3 2021

Rob will be sadly missed by family and friends



## Joy Shakes

Loving Mother, Grandmother and Auntie fell asleep on March 12th 2021. She was a support to many and will be forever missed by her friends, family and acquaintances.



## Terence Richard James

Sunrise: 15th May 1981 - Sunset: 29th March 2021

A loving husband, father, son, brother, uncle, nephew and avid cricketer. Terence was loved so much by his Aunties, Uncle's cousins and extended families and friends.

Words cannot express the deep pain we are all feeling.

He will be sorely missed.

RIP Terence we will hold you close in our hearts.



# TRIBUTES



**Veronica Goodison  
(Lucky)**  
aged 77,  
passed away on  
9th March 2021.



My mother was an amazing woman and an outstanding mother and nana to my children. I am so grateful that God chose me to be her daughter. RIP mum love you forever xxx

**In Every Way Beautiful**

In every way beautiful inside and out, a remarkable woman without any doubt.

A cool calm nature shredding love, peace and light, in every way beautiful you fought a good fight. Veronica Goodison was a caring helpful lady, mother to daughter Rosemary, who always was her baby. Born on June 16th 1943, working at UCA House was where her journey came to be.

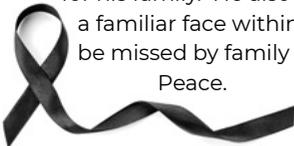
Always helpful to others, a brighter world she did paint,

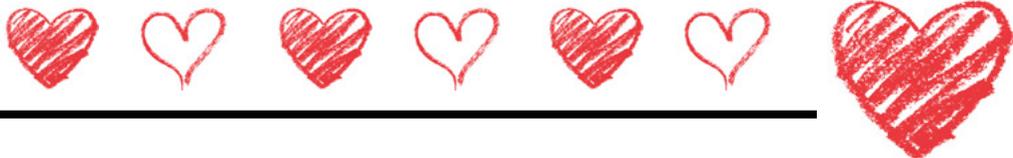
Working at Mean Wood Park Hospital, with the grace of a saint. She tailored at Berwyns, always achieving her best, making her own clothes for herself and also many a guest, She would go to people's homes, styling and curling their hair, Taking the hot iron comb off the stove, no one could compare. She would straighten and press, never without the grease, even plaiting and sorting your grubby wigs into a masterpiece. Veronica loved cooking soup, cow and pig foot too, okras, yam and plantain, boy how she loved hard food.

Veronica loved knitting and crocheting, in every way beautiful with words, some of them everyday sayings, she could always be heard. Back in the day she would always get the Alpine pop out, and when she heard any music she would always dance around. She loved little gatherings and celebrations too, a woman on a mission, loved so much by me and you. In every way beautiful you will always be, the hairdresser, tailor and kind natured person, who has left such a legacy.

**James Alfred  
Maynard**  
April 1934 to March 2021

Alfred, who was also affectionately known as "Barman or Alf", departed peacefully in his sleep, surrounded by Family. He was a native of St Kitts, and after arriving in England aged 22, spent the rest of his life in Chapeltown. Alfred was a hard worker and provider for his family. He also had a gregarious side and was a familiar face within the community. Alfred will be missed by family and friends, May He Rest in Peace.





## Jean Sutton

I first met Jean nearly 40 years ago. She was running a dance troupe of young people and was looking for help in funding them. As the local councillor, I was able to help them out. The troupe subsequently danced at a Labour Party Social. We became friends.

Jean was always very supportive of her family, especially looking after her mother in her old age. This love of family was shown in her reaction to the death of her nephew on the Hayfield car park. The result was the demolition of the Hayfield and the erection of a

plaque in memory of her nephew.

Throughout the years we worked closely on a number of projects with the Alliance for Green Socialism. This culminated in her standing as the parliamentary candidate for North West Leeds. Jean's jerk chicken was always a highlight of the Alliance for Green Socialism's annual Garden Party. She was a stalwart at many meetings.

Throughout this period she continued her education, overcoming the problems of being a single parent to gain a degree from the University of Hull. This enabled her to have a very demanding job in social services. At the same time she strongly supported her two daughters, Sam and Pri, who went on to gain degrees.

I learnt an enormous amount from Jean. Her loyalty throughout my political twists and turns gave me real support. Her friendship and advice will never be forgotten.

**Garth Frankland**



# TRIBUTES

## James

He was known as James but otherwise Rasta Simeon, he was a Muscian & very humble, peaceful lived on grange view...he was from st kitts & migrated here to chapeltown & lived here for many years! He was well spoken, kind, funny & charismatic but had a gift with percussion & could play a tune... he came and joined us in playing djembe outside or percussion...independent in nature & likeable character.....

Rest in peace James



## ToFlloyd, the love if my life

**Jan 18, 1960 - March 23rd  
2021**

Although you are no longer present  
Your presence remains warm in the  
memories we shared..

Memories time cannot erase.

We have been blessed to enjoy

Thirty two years of love, laughter,

As we traveled this road called life.

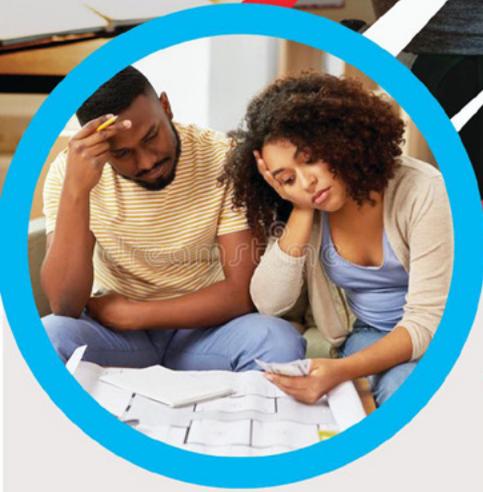
Now we are travel separate paths, but  
we will meet again

Until then, rest securely n the sunshine  
of God's love and care

Kerina in Barbados



# CONCERNS WITH LIFE BECOMING TOO INTENSE?



- Relationships feeling strained?
- Feeling low?
- Feeling anxious?
- Confused?
- Feeling overwhelmed?
- Lockdown really getting to you?

## **WE ARE HERE TO HELP AND SUPPORT YOU**

Evolving minds is here to support you through life's challenges. We offer a high quality service at an affordable price starting at £10 per session. Our online or telephone service will give you peace of mind wherever you are. Sometimes we just need to get it out of our head and talk to someone who is interested and who cares about us.

Our **Evolving Minds** service will

**Listen to you and take you seriously,**  
**Will not judge you**  
**Will organise a quick appointment to suit your needs.**

**CONTACT US TODAY TO SEE HOW WE CAN HELP**

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Or call us on 073 066 655 57



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*Independent Travel Agent*

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## **SOCIAL ENTERPRISE IN LEEDS**

Leeds needs to be a city that supports and celebrates Social Enterprise. To do this we would like to talk to organisations either currently or wishing to undertake Social Enterprise activity, this will shape the development of a strategy for Leeds; basing future plans on what you need or can contribute.

The event will be informative and participatory with inspirational speakers who are already doing enterprise well.

It will also be an opportunity to shape the new Leeds Growth Strategy.

**THURSDAY 20TH JULY  
8.00AM - 10.00AM  
WEST YORKSHIRE PLAYHOUSE**

**BREAKFAST WILL BE SERVED  
BOOK HERE**

# MENU



SATURDAYS 3PM - 8PM  
LEEDS BASED

## MAINS

**SEAFOOD BOIL BAG - £10.00**

BIG AND SMALL CRAB CLAWS, SWEETCORN & PRAWNS.

**WAFFLE TRAY - £15.00**

WAFFLE, PRAWNS, MAC 'N' CHEESE & LOBSTER OR CRAB LEGS.

**MUKBANG TRAY - £20.00**

BIG AND SMALL CRAB CLAWS, PRAWNS, EGG & CHORIZO.

## SIDES

**MAC 'N' CHEESE - £3.00**

**CHIPS - £1.00**

**GARLIC BREAD - £2.00**

**PORTION OF BBQ WINGS X3 - £3.00**

## DRINKS

**ALL CANS - 50P**



AMAR.01

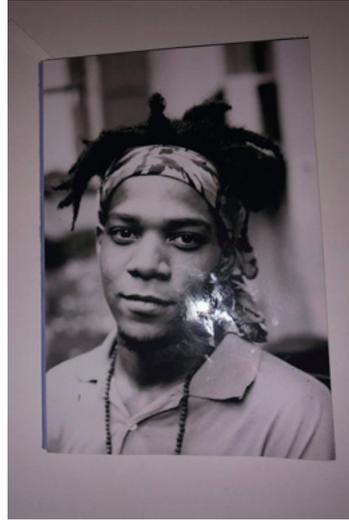


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**Online course** about Michael Stewart and Jean-Michel **BASQUIAT** the most fabulous visual artist ever. Explore their life legacy legend with likeminded others.

<https://blackness.moodlecloud.com>



DO YOU WANT TO MAKE A **BIG** DIFFERENCE?

# BECOME A COVID-19 COMMUNITY CHAMPION

*Help share accurate information about Covid-19 with communities*

Receive regular updates on the latest Covid-19 guidance and vaccination information from trusted sources



Share with identified priority groups living in Leeds which include; people with disabilities, older people, younger people and Black, Asian and minority ethnic communities, to help people make informed decisions around keeping safe



Feedback any local issues or concerns relating to Covid-19 and vaccinations



**\*Full training provided\***

**\*Reasonable expenses paid\***

**Volunteer registration will begin on Monday 22nd March**

**To find out more and be kept updated, please email:  
CommunityChampions@leeds.gov.uk**

**Covid-19 Community Champions programme is supported by:**





HQ: 11 The Tannery, 91 Kirkstall Road LS3 1HS  
01274 284995 0113 3100786 07850947723  
07944376574

## PROACTIVE MARKETING



We will market your property initially by taking professional photographs and video tour, editing and enhancing if required. These will then be marketed on all the major portals RIGHTMOVE, ZOOPLA, PRIMELOCATION, ONTHEMARKET as well as FACEBOOK, INSTAGRAM, YOUTUBE, LINKEDIN and TIKTOK as social media is fast becoming the fastest way to sell a property. We also have a healthy database of buyers, tenants and investors who are waiting for homes in your area. Others put your property on RIGHTMOVE and hope to find a buyer! We go hunting for the buyer.

## EXPERT NEGOTIATION

Our professional and experienced sales negotiating team will utilise their skills, knowledge and market conditions to get you the best possible price in the desired time frame. We just want you to know we are on your side. Our fee includes this precious service and we will work hard for you. Others are content with accepting the 1st offer they get, sometimes even withholding higher offers favouring the one that can be done the quickest.

## SALES PROGRESSION

Many sales fall through simply because no one has the time to chase the buyers, mortgage companies and solicitors. We have a dedicated team that will deal with this for you aiming to get your sale completed to the required timescale

We will try harder for you and your property. That's the service and quality we aim for in every transaction. REFER A FRIEND/FAMILY MEMBER AND GET A REFERRAL FEE.

Referred by:

# Why choose to book with a travel agent to book your next getaway????

Booking with **Phun In The Sun Travel** will give you peace of mind in this confusing time. Our team is on the other end of a phone should things go wrong, you can visit us in person, you will have your own personal travel consultant. Our friendly team is here to help.

St Kitts carnival December 2021. Low deposits. Full packages, lots of tours and fun.

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Flight and hotel accommodation from £1,395  
Villa's available from 2 - 10 sharing.

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**01138330875**



**29 May 2021**  
Poetry or Arts n Crafts

**30 May 2021**  
Song Writing or Dancing

**Time: 10:00 - 3:30pm**  
**Cost: £5.00 + Fees**

**What should your child bring?**  
**Completed consent form \* Pack lunch \* Water bottle.**  
**Book Via Eventbrite Search Unity Does MAATER**

# LET'S EXPRESS

## YOUNG PERSONS

### CV-19 CONVERSATIONS IN

### CHAPELTOWN

[email: unitydoesmaater@gmail.com](mailto:unitydoesmaater@gmail.com) | Call: 07756 367190

**Unity Does MAATER**  
Unity is our strength



In partnership with  
**THE NATIONAL LOTTERY**  
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**YOUNG PEOPLES**  
**CV-19 CONVERSATIONS**  
**SONG WRITING**  
**WORKSHOP WITH**  
**PAULETTE**



**Young Peoples CV-19 Conversations in**  
**Chapelton Song Writing workshop**

Join our CV-19 Conversations in Chapelton project to capture  
knowledge, skills and learn lessons to build resili...

**HALF TERM Events \*BOOK YOUR CHILDS**  
**PLACE NOW - CV-19 Conversations in**  
**Chapelton Workshops for Young People**  
There are four workshops to choose from.  
You can book your child / children onto  
two workshops (one on Saturday, one on  
Sunday), if you wish. We will provide healthy  
snacks and water (for both days) however,  
you will need to send your child with a  
packed lunch and completed consent form.  
Time: 10:00 - 3:30pm.

Age: 9 - 15 years

Price: £5.00 + Eventbrite fees)

Date: 29 May 2021

Workshop: Poetry or Arts n Crafts

Poetry with Khadijah

<https://www.eventbrite.co.uk/.../young-peoples-cv-19...>

Arts n Crafts with Bev

<https://www.eventbrite.co.uk/.../young-peoples-cv-19...>

Date: 30 May 2021

Workshop: Dance or Song Writing

Dance with Lemarah

<https://www.eventbrite.co.uk/.../young-peoples-cv-19...>

Song Writing with Paulette

<https://www.eventbrite.co.uk/.../young-peoples-cv-19...>



**Leeds City centre outside Kirkgate market**

**07841 383738**



[www.FreshLeeds.com](http://www.FreshLeeds.com)